

Wee Waa Community Health

Time Out for Your Health Day

Date: Thursday 28th June 2007
Time: 10am until 3pm
Venue: In the gardens of *The Little House On Rose*

Checks will be provided on blood pressure, pulse and blood glucose levels. Have a talk to the dietician about your BMI

All information and checks are free

Staff will be available to provide information in the following areas:

Aged Care	Infectious Diseases
Asthma	Immunisation
Aboriginal Health	Mens Health
Child and Family Health	Mental Health
Cholesterol	NSW Ambulance Service
Diabetes	Occupational Therapy
Dietetics	Speech Pathology
Hearing	Womens Health
	Heart Health

The Hospital Auxillary will provide a lovely morning tea and lunch at a small cost.

Please come along relax and take Time Out for your Health.

Phone 6795 0444 for further information

